



**5  
OCT**

# Act Belong Commit Edinburgh Oval parkrun volunteer takeover

More info:



[bit.ly/eop-takeover](https://bit.ly/eop-takeover)



**Curtin University, Kent St, Bentley**  
**Pre-event briefing at 7:50am**

In recognition of Mental Health Week and Outdoors October, the teams at Act Belong Commit, Curtin Student Wellbeing and Curtin Volunteers will join forces to fill all volunteer roles!

Wear either purple, green or blue to show your support.



For good mental health:

**Act** – do something!

**Belong** – do something with someone.

**Commit** – do something meaningful.



**medibank**  
*Live Better*