

Mentally Healthy Schools

Professional **Development Day**

FRIDAY 6 SEPTEMBER 2024

THEME: STAFF WELLBEING



Featuring:

8:30am - 3:30pm

Curtin University, Kent St, Bentley WA Building 400, Room 249 (map will be provided, free parking)

Virtual option also available



Saul is a former secondary teacher and senior lecturer in the School of Education at Curtin University.

He is active researcher in the field of teacher wellbeing and how this relates to workload, school culture and education policy.



Daniela has over 25 years of experience teaching both government and independent schools.

She is the founder of Teacher Wellbeing, an organisation aimed at empowering teachers with practical strategies.

She works with evidencebased strategies from the field of positive psychology.



Amy is the founder of *The* Wellness Strategy. She is a published author, speaker, facilitator and coach, and a leader in improving workplace and school culture and wellbeing.

As a past teacher and school leader, Amy is determined to change the way we view wellbeing to support our everyday and workplace needs.

PLUS current School Partners showcasing their wellbeing strategies!