



CREATING BELONGING

Lesson overview

YEARS
1-3

Curriculum links

This lesson series links to the the Health and Physical Education subject area of the Western Australian Curriculum, with the following Content Descriptors:

Year 1

Actions that support a safe classroom, such as moving around safely, sharing appropriately and following class rules ([ACPPS022](#)).

Year 2

Strategies to include others in activities and games ([ACPPS019](#)).

Year 3

Factors that strengthen personal [identities](#), such as the influence of family, friends and school ([ACPPS033](#)).

Behaviours that show [empathy](#) and respect for others ([ACPPS037](#)).

Learning Intentions

By the end of this lesson series, students will be able to:

1. Explain the definition of belonging
2. Understand what it means to belong
3. Identify people, places or groups they feel like they belong to
4. Understand the importance of including others

Lesson Notes

Read the **Lesson Notes** to guide you through the slides, activities, important information and key discussion points.

Recommended lesson sequence

Lesson 1:

- Belonging PowerPoint
- All About Me activity
- How I Belong activity
- Review Learning Intentions

Lesson 2:

- Review Belonging PowerPoint
- Scavenger Hunt activity
- My Self Portrait activity
- Review Learning Intentions

i Lesson resources and how to use them

Use the lesson resources and activities available that will suit your students and their abilities. We encourage the use of all of the resources if possible over 1-2 lessons as you see fit.

1 BELONGING POWERPOINT

Important - read before use:

The PowerPoint is a template for you to use and update, please go through the slides* and update the information in the square brackets to be relevant to your school's context e.g. [insert school name].

**Slides 7, 8, 9, 10 and 11 need to be updated.*



- Use the **Belonging PowerPoint** to introduce students to the concept of belonging.
- You can adapt this resource to suit your context, your classroom and your students' developmental and reading abilities.
- Follow the **Belonging PowerPoint** and **Lesson Notes** to facilitate discussions when prompted and encourage students to share their experiences through prompts and Think-Pair-Shares (if comfortable).

2 BELONGING ACTIVITIES

All About Me activity

Now that students have learned the importance of belonging, move on to the **All About Me** activity. Work through the activity with students, check their understanding and allow them to complete the activity with teacher support.

How I Belong activity

Students may need a little more guidance with this activity to understand where and who they feel they belong with. Explain the **How I Belong** activity, providing examples for each step. If required, model how to answer the questions.

Check for understanding and allow students to complete with teacher support. For lower years, it may be useful to brainstorm each section on the board before students do the activity independently.

3 SCAVENGER HUNT ACTIVITY

This is a great activity to do at the beginning of the year to assist students in getting to know each other and foster a sense of classroom belonging.

Ask students to find a person in the class for each statement and write their name down. It is recommended that the teacher reads out and times each question to allow students to find the person for each statement and have a small conversation about the question.

Name _____ Date _____

SCAVENGER HUNT

Find people in your class with the below and write their name in the table!



Find a classmate who:	Write their name:
Has the same favourite animal as you	
Has the same favourite colour as you	
Has the same number of siblings as you	
Likes a similar hobby/sport to you	
Has the same favourite food as you	
Likes something different to you!	

We're a Mentally Healthy School  [get belonging content!](#)

4 MY SELF PORTRAIT ACTIVITY

Students will complete a self portrait and include drawings of people, places, hobbies and interests from their **All About Me** and **How I Belong** activities.

Name _____ Date _____

My self PORTRAIT

Make a self portrait below using different art materials and include pictures of things from your **ALL ABOUT ME** and **HOW I BELONG** activity sheets.

We're a Mentally Healthy School  [get belonging content!](#)



These are great start of year activities for students to get to know each other and help the teacher get to know each student and their interests.

Date: _____

All about ME

Write or draw all about you in the boxes below!



My name is:

My age:

My birthday:

My favourite animal:

My favourite colour:

My favourite subject:

I really like...

Name: _____ Date: _____



How I BELONG

Write or draw all about you in the boxes below!

I love doing:

I feel best when I'm with:

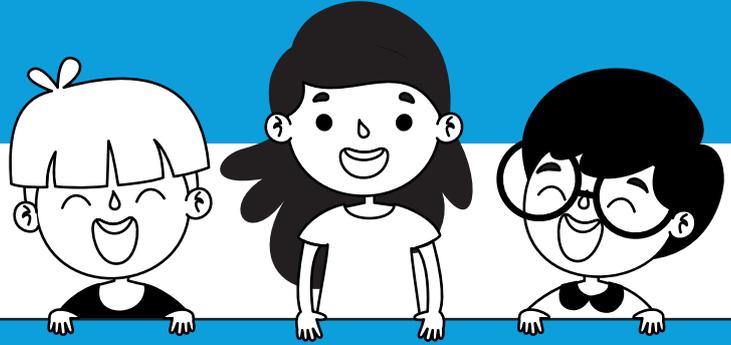
I feel best when I'm at
(places/groups):

How can I help others feel like they belong in class?

Name: _____ Date: _____

SCAVENGER HUNT

Find people in your class with the below and write their name in the table!



Find a classmate who:	Write their name:
Has the same favourite animal as you	
Has the same favourite colour as you	
Has the same eye colour as you	
Likes a similar hobby to you	
Has the same favourite food as you	
Likes something different to you!	

Name: _____ Date: _____

My self PORTRAIT

Make a self portrait below using different art materials and include pictures of things from your ALLABOUT ME and HOW I BELONG activity sheets.

