

For good mental health: **Act** – do something! **Belong** – do something with someone. **Commit** – do something meaningful.



Community Partner

Photo comp!

This Mental Health Week we want to see how you Act Belong Commit!

Take a photo of what your community group does to be mentally healthy and describe in 100 words or less how it reflects the 2023 theme of **“Mind, Body, Environment”**



Enter here by
6 November



actbelongcommit.org.au/partnership-portal/initiatives/mhw-community-partners



- Competition open to Act Belong Commit Community Partners in Western Australia.
- Submissions close 9am Monday 6 November 2023.
- One winning Community Partner group chosen.
- For full terms and conditions visit the Act Belong Commit website.