

For good mental health: **Act** – do something! **Belong** – do something with someone. **Commit** – do something meaningful.



Primary school classroom

Photo comp!

This Mental Health Week we want to see how classrooms implement Act Belong Commit!

Get creative! Take a photo of what your class does to be mentally healthy and describe in 100 words or less how it reflects the 2023 theme of **“Mind, Body, Environment”**



Enter here by
15 November



[actbelongcommit.org.au/programs-initiatives/
photo-competition-primary-classrooms](https://actbelongcommit.org.au/programs-initiatives/photo-competition-primary-classrooms)

CHANCE TO WIN



\$100 Officeworks gift card

- Competition open to Act Belong Commit Mentally Healthy Primary School Partners in Western Australia.
- Submissions close 5pm Wednesday 15 November 2023.
- One winning primary school classroom chosen.
- For full terms and conditions visit the Act Belong Commit website.