Mentally Healthy Schools in action!

School name:

School contact:

Email address:

Name of project/event/activity (for simplicity the form refers to it as project)

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Brief description of project

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Date(s) of the project

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How did the project get started? Who were the key decision makers in the school/community? What was the initial goal of the project?

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Was it a class, whole of school or school community project (include relevant year group/s and ages)? How did you engage the class, school or community to encourage participation?

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Was this for an Act Belong Commit initiative (e.g., Active August, Mindful May)?

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Did you use any Act Belong Commit resources or signage?

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What was the outcome? Did it achieve its intended goal?

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What did you learn from the project? What tips would you provide for other schools if they were to implement a similar project?

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Is there anything else you would like to share with us about the project?

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| Such as ways the Act Belong Commit team could assist… |

Thank you for agreeing to participate in our case study! It would be great if you could please attach some photos of the project in action for us to share alongside your case study. We can only share images with completed consent forms. Please send the project information, photo/s and consent form/s to [reearna.morgan@curtin.edu.au](mailto:reearna.morgan@curtin.edu.au).