**Neighbour Day Social Media posts for Partners**

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| **Monday 6th March** | Neighbour Day is on the 26 March and is perfect day to connect with existing and new neighbours to build the community you want to live in - and create belonging. Here are some ideas…   * Host a BBQ with neighbours * Plan a ‘bring a plate’street party * Organise a game of anything on the local oval * Have a party on your front lawn * Meet for afternoon tea in the back paddock * Enjoy a neighbourhood picnic in your favourite park * Grab some takeaway coffees and invite your neighbour for a local walk and talk * Or simply have a cup of tea or a chat with a new or old neighbour   @neighbourseveryday #createbelonging #actbelongcommit #mentallyhealthy |
| **Friday 10th March** | Relationships and social connections provide us with a sense of belonging, which is essential for our mental health and wellbeing. Belonging to groups, whether formal or informal, large or small, local or even international, contributes to our identity and who we are.  @neighbourseveryday #createbelonging #actbelongcommit #mentallyhealthy |
| **Sunday 26th March** | It’s Neighbour Day! This year’s theme is ‘Create Belonging’ By building relationships with those who live around us, we create a sense of community and connectedness. This fosters a sense of belonging and helps us feel safe, connected and supported.  @neighbourseveryday #createbelonging #actbelongcommit #mentallyhealthy |
| **Monday 27th March** | Say hello, smile and wave to neighbours. This act takes 2 seconds of our day and can help us feel connected and increase that sense of belonging. Even if there is a language barrier, small positive actions make people feel like they are living in a safe and supportive community.  @neighbourseveryday #createbelonging #actbelongcommit #mentallyhealthy |
| **Tuesday 28th March** | Help with everyday activities – offer to carry in shopping, give lifts to work or school, cook a meal for someone who is sick, keep an eye on the house or offer to collect mail or put the bins out when neighbours are away.  @neighbourseveryday #createbelonging #actbelongcommit #mentallyhealthy |
| **Wednesday 29th March** | Why not use Neighbour Day to reflect on what being a neighbour means to you.  @neighbourseveryday #createbelonging #actbelongcommit #mentallyhealthy |